

An Evaluation of the Helping Early Learners with Practice Strategies (HELPS) Program with Adult Learners



Is reading difficult for you?

Do you have to read sentences more than once to understand them?

Do you feel like you read word-by-word instead of whole sentences?

Do you lose your place a lot when you read?

When you read aloud, do you feel like you sound like a robot?

If you answered yes to any or all of these questions, there is a research study that might be interesting to you. NCSU is studying a reading fluency intervention that is already well researched with children, works with adults, but has not yet been researched with adults. Participants will receive three 20-30 minute online tutoring sessions each week with a tutor from the college, at no cost. Participants will also earn up to \$200 (\$5 per session).



To participate, you must be

- Enrolled in levels 1, 2, 3, or 4 of an Adult Basic Education program,
- Speak English well enough to be tutored in English,
- Have internet and computer access,
- Willing to allow your ABE program to share your test scores with NCSU,
- Take some additional short tests, and
- Willing to participate in tutoring sessions for 20-50 sessions (at least 8 weeks)!

Are you interested? Do you think this might be helpful to you?

If so, please contact [Amy Van Oostrum-Engler](#) to set up a private Zoom meeting to learn more about the study and get started.

[Amy Van Oostrum-Engler](#)
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Please be sure to share your name and school when you reach out.